

A Christ-centered support group is for you if any of these are true:

- You are looking for friends in Christ to share your journey of sorrow.
- You've been trying to figure out the meaning of your grief.
- You want to get on with life but haven't been able to.
- You find comfort in the teaching of Christ.
- You are open to new ways of coping with your grief.
- You don't want to feel alone anymore.



- Morning & evening session -- Enter through main doors of Family Center.
- Sessions will be held in the Small Activity Hall on the South end of the Family Center.
- Please register as soon as possible for planning purposes and feel free to bring a guest.

We look forward to sharing this time with you.

All are Welcome!



Adapted from *Seasons of Hope Guidebook: Creating and Sustaining Catholic Bereavement Groups*, © 2007 by Donna MacLeod. Used with permission. All rights reserved.

SEASONS OF HOPE



A Support Group for the Bereaved

at
The Catholic Community of
St. John the Evangelist &
Blessed Sacrament
505 N. Dayton St.
Davison, MI 48423





Seasons of Hope

A Support Group for the Bereaved



Our Lord assured us that those who mourn are blessed, and that they would be comforted. *Seasons of Hope* offers the bereaved an opportunity to come together to share in God's love. With the support of the faith community, we can give voice to our unique journeys of grief and find healing and spiritual growth. *Seasons of Hope* sessions help us explore mourning through scripture, prayer, reflection activities and faith sharing.

Seasons of Hope is centered on Jesus Christ and grounded in the healing wisdom, traditions, and practices of the Catholic Church.

Each year, many families face the loss of loved ones who are members of the parish. Our Catholic tradition provides funeral support and now *Seasons of Hope* can carry that caring spirit into the difficult period that follows when grief can overwhelm. It also serves those who mourn loved ones from outside our parish community. They too may feel isolated, empty, and broken-hearted.

For those searching for hope, a *Seasons of Hope* group is a nurturing link to the Church, the Almighty, and other people of faith who are also mourning.

Come and
be comforted.



Seasons of Hope meets on the first Wednesday of each month. There is a morning session at 10:45am -- 12:45pm or an evening session at 6:00pm -- 8:00pm. Any parishioner who is mourning the loss of a loved one is encouraged to attend and invited to bring a guest.

Please join us.

All are Welcome!



First Wednesday of each month

at St. John Family Center
505 N. Dayton St.
Davison, MI 48423

Small Activity Hall

Group meets from
10:45 am -- 12:45 pm
or 6:00 pm -- 8:00 pm

Registration And Contact Information

Register on our website:
www.stjohndavison.org >
NEWS > *Seasons of Hope*

Fill in form with Name, Address,
Phone, Email, and choose
session you wish to attend,
then Submit.
(Registrations will also be taken
at the door.)

For more information contact
Judy Plamondon at
(810) 653--1706.

