



JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Stargazing</p>	<p>Stargazing</p>	<p>1</p> <p>Make a list of family activities for the summer. Give everyone a chance to add something.</p>	<p>2</p> <p>Bless the TV and iPad screens for holy use during the summer.</p>	<p>3</p> <p>Play ultimate frisbee. Winner picks dinner. Whoever comes in second picks dessert!</p>	<p>4</p> <p>Visit the Blessed Sacrament and pray for our country.</p>	<p>5</p> <p>Donate winter clothes that went unused to charity.</p>
<p>6</p> <p>Stay after Mass and pray for a holy, fun, and safe summer.</p>	<p>7</p> <p>Bless each child this morning before the day's activities begin.</p>	<p>8</p> <p>Fill a jar with spare change. When it's full, bring it to the poor box at church.</p>	<p>9</p> <p>Do a chore you have been putting off.</p>	<p>10</p> <p>Find books written about -- or written by -- the saints. You'll get good books and saint friends.</p>	<p>11</p> <p>Family Fun Night!</p> <p>Order pizza, play board games, sing songs, and spend time together.</p>	<p>12</p> <p>Holy hospitality is outreach. Invite a family who's new to the parish to dinner at your house.</p>
<p>13</p> <p>Recite the Apostles' Creed as an act of faith.</p>	<p>14</p> <p>Decorate paper airplanes. See whose plane can sail furthest or makes the most loops, etc.</p>	<p>15</p> <p>Look for a way God showed He loves you today. Share it at bedtime.</p>	<p>16</p> <p>Our Lady of Mt. Carmel Enjoy a caramel-themed dessert in honor of Our Lady of Mt. Carmel.</p>	<p>17</p> <p>Read today's Gospel (Matthew 11:28-30) and talk about how following Jesus faithfully gives us true peace.</p>	<p>18</p> <p>Bring a meal to someone who's homebound or has a newborn.</p>	<p>19</p> <p>Have an A-to-Z scavenger hunt in the backyard. Photograph something that starts with every letter.</p>
<p>20</p> <p>Light a candle at church for the Pope's intentions.</p>	<p>21</p> <p>Pick a Beatitude and try to live for the rest of the week (Matthew 5:3-11).</p>	<p>22</p> <p>Water balloon battle! Turn on the garden hose and fill up water balloons. Let the games begin!</p>	<p>23</p> <p>Practice patience.</p>	<p>24</p> <p>Call Catholic Relief Services and see how you can support their projects, at 877-HELP-CRS or www.crs.org.</p>	<p>25</p> <p>Build a campfire in the backyard. Make hotdogs and s'mores and sing songs.</p>	<p>26</p> <p>Feast of Saints Anne and Joachim Pray for grandparents everywhere.</p>
<p>27</p> <p>Discuss the homily so children can understand and put it into practice.</p>	<p>28</p> <p>Help make your family more loving and patient. Use only kind words today.</p>	<p>29</p> <p>In honor of Saints Martha, Mary, and Lazarus, set up an extra place for Jesus at your table.</p>	<p>30</p> <p>Give the "alms" of your attention. Put down the screens and be fully present when someone is talking.</p>	<p>31</p> <p>Have everyone do an examination of conscience, following the Ten Commandments.</p>		